



HOLY CROSS COLLEGE (AUTONOMOUS)
Affiliated to Bharathidasan University,
Nationally Accredited (4th Cycle) with A++ Grade by (CGPA 3.75/4)
by NAAC,
College with Potential for Excellence,
Tiruchirappalli – 620002.
RAPHA - Health care Centre



GENERAL HEALTH CAMP

A **General Health Screening Camp** was conducted on **20 November 2025** at **Pachamalai Village, Tiruchirappalli**, in collaboration with **CRDE, Holy Cross College (Autonomous)**, the **Department of Medical Laboratory Technology (MLT)**, and the **RAPHA Clinic of Holy Cross College**. The camp aimed to assess the health status of school students and community members through **BMI assessment, Hemoglobin (HB) testing, Blood Pressure (BP) measurement, and Blood Grouping**. A dedicated team of faculty, MLT students, and RAPHA Clinic staff carried out the screenings using standard procedures and provided individual health records to each participant. A total of **89 people were benefited** through the camp. The evaluations revealed varied findings, including underweight cases linked to nutritional deficiencies, mild to moderate anemia among several individuals, and a few instances of low or elevated blood pressure, while blood groups were successfully documented for all participants. Along with screenings, health awareness sessions were conducted to educate the public on balanced diets, iron-rich foods, physical activity, personal hygiene, and the prevention of anemia and hypertension. The camp proved highly beneficial by enabling early detection of health issues, improving health awareness, and encouraging follow-up medical care where necessary. Overall, the health camp was successfully conducted and significantly contributed to promoting better health practices and strengthening community engagement in Pachamalai Village.





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